

GINKGO LEAF COLLECTION

(A Collection of Treatments especially designed for those indulgent and invigorating moments)

The Ginkgo “De-Stress-Express”

De-stressing tune-up after a long day

1 hr 10 min R 770

The Ginkgo “Renaissance”

The focus is the body.

2 hr 40 min R1200

Ginkgo “Time Out”

The few minutes of luxury bliss!

2 hr 50 min R1600

The Ginkgo “Debutante”

Treatments perfect for first-time Spa guests

2 hr 35 min R1600

Ginkgo “Executive Renewal”

A Selection of Treatments for the professional

5 hr 25 min R2200

Ginkgo “Tranquillity”

A wonderful day of extraordinary service and pampering

6 hr 25 min R2700

Ginkgo “Mother-to-be”

Special treatments designed for expectant mothers.

5 hr 50 min R2500

GIFT VOUCHERS : Please visit our website to purchase Gift Vouchers online or directly from a Ginkgo Spa.



2017 WINNER

BEST HOTEL SPA - SOUTH AFRICA

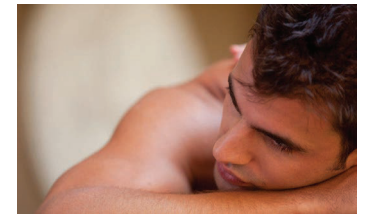
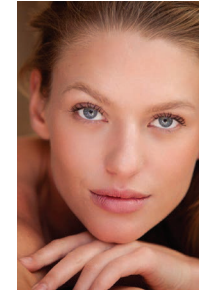
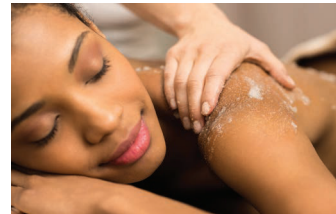


FINALIST: HOTEL / RESORT SPA



recapturing the forgotten senses of wellbeing

Luxury Spa at Arniston



Spa Treatment Rates

Ginkgo Luxury Spa at the Arniston Spa Hotel
Beach Road, Arniston – Overberg, Southern Cape

Tel: 028 445 9000 | Email: spa@arnistonhotel.com | Website: ginkgospa.com

SPA TOUCH THERAPIES & SKIN CARE TREATMENTS

Exotic Steam Rasul

	45 min	
1 person	R 440	2 persons R 550
		4 persons R 770
3 persons	R 660	20 min R 100

Steam or Sauna

Ginkgo "Elixir"© Signature Massage	50 min	R 700
Ginkgo "Ataraxia"© Massage	90 min	R 980
Ginkgo Hot Stone Massage	75 min	R 870
Aroma Massage	50 min	R 700
Back and Neck Massage	20 min	R 300
Nutritive Pre-Natal Back, Neck & Shoulder Massage	30 min	R 400
Nutritive Pre-Natal Full Body Massage	60 min	R 790
Traditional Swedish Massage	50 min	R 700
Deep Tissue Personalised Sports Massage	50 min	R 750
Pressure Point Foot Massage	50 min	R 700
Additional Massage Time per massage & booking	10 min	R 90

SPA BODY TREATMENTS

BABOR SPA Energizing Body Treatment	75 min	R 820
BABOR SPA Balancing Body Treatment	75 min	R 820
Ginkgo Full Body Exfoliation	30 min	R 350
Ginkgo Detox Body Wrap	60 min	R 700
Deep Conditioning Hair & Scalp Steam Treatment	20 min	R 350

SKIN CARE TREATMENTS

(Includes a personalised consultation, brow shape & a 10 min foot, hand or scalp massage)

BABOR

DOCTOR BABOR Skin Renewal Facial	60 min	R 1050
BABOR Men's Exclusive Skincare Treatment	60 min	R 790
BABOR Classic Facial & Executive Anti-Stress Back Massage	80 min	R 950

BABOR Express Cleanse	45 min	R 600
BABOR Classic Facial	60 min	R 870
BABOR Anti-Aging Facial Treatment	75 min	R 980
BABOR HSR/REVERSIVE Treatment	90 min	R2200

Add-on Babor Treatments:

BABOR Mini "Ampoule Crash" (3-5 Ampoules)		R 150
AHA Peel		R 150

QMS MEDICOSMETICS

QMS Deep Cleansing Facial Treatment	60 min	R 720
QMS Sensitive Skin Rebalancing Facial Treatment	60 min	R 720
QMS Activator Treatment	75 min	R1020
QMS Classic Collagen Treatment	90 min	R1180
QMS Pigment Corrector Treatment	75 min	R1020
QMS Neo-Tissuedermie Facial Treatment	75 min	R1050

MANICURES AND PEDICURES

(All Manicures & Pedicures include a deep conditioning Wax Treatment or Nail Colour)

Deluxe Spa MediHand Manicure	60 min	R 370
Deluxe Spa MediHeel Pedicure	60 min	R 400
Express MediHand Manicure	45 min	R 300
Express MediHeel Pedicure	45 min	R 390
French Manicure	75 min	R 430
French Pedicure	75 min	R 430
Manicure or Pedicure with Gel Polish Overlay		R 430
Gel Soak Off		R 150
MediHeel Foot Treatment	30 min	R 200
MediHeel Peel – Heel corrector Treatment	15 min	R 100